



Human Services Session October 30, 2017

Goal and Objectives

To provide an overview and introduction to the human service challenges and needs in cities and towns in Western Connecticut, with an emphasis on at-risk youth, homelessness, hunger and the opioid epidemic.

- ❖ Educate and expose participants to nonprofit organizations that provide effective intervention and services to clients in the emphasized areas; presentations will include discussion of contributing factors in problem areas as well as stories of success.
- ❖ Identify specific volunteer opportunities that are compatible with the interests and expertise of class members and meet the needs of the participating nonprofits.

Important Session Information

Session Leaders

Anne Slattery, *WCL '16*
Louisa Roraback, *WCL '16*

Advisor

Patrick McKenna, Organizational Development Coordinator,
Connecticut Community Foundation

Suggested Attire

Dressing for comfort is appropriate. We will be touring a homeless shelter and/or working in a city soup kitchen.

Venues

Waterbury Youth Service System, Inc.
83 Prospect Street, Waterbury

Greater Waterbury Interfaith Ministry
770 East Main Street, Waterbury

St. Vincent DePaul Ministry Shelter
114 Benedict Street, Waterbury

Parking

We will meet at the Commuter Lot near Naugatuck Valley Community College. There is no street address, but the lot is across the street from Lena's Deli (702 Chase Parkway, Waterbury). From here, you will be bussed to Waterbury Youth Services, Inc.

Directions

From I-84 Eastbound: Take Exit 18. Turn right off the exit, take your next right to go over the highway and then turn left on Chase Parkway. The parking lot will be on the left. [Click here for map.](#)



Directions (continued)

From I-84 Westbound: Take Exit 18 (West Main St/Highland Ave) and stay to the left. Turn left off the ramp onto West Main St. Go through 2 lights and the commuter lot is on the left, right before the entrance back onto 84 West. [Click here for map.](#)

Agenda

- 8:15-8:30 Meet at the Commuter Lot (across the street from 702 Chase Parkway, Waterbury). Bus will depart promptly at 8:30 for travel to Waterbury Youth Service System, Inc.
- 8:30-8:45 Bus travel to Waterbury Youth Services
- 8:45-8:55 Arrival, light breakfast
- 8:55-9:00 **Welcome**
Anne Slattery, *WCL '16* and Louisa Roraback, *WCL '16*
- 9:00-9:45 **Overview of 2016 Alice Report: Study of Financial Hardship in CT**
Annie Scully, Market Research Analyst & Community Outreach Coordinator, *United Way of Connecticut*
Karen Mello, Director of Community Impact, *United Way of Greater Waterbury*
- 9:45-10:00 Break
- 10:00-11:15 **At-Risk Youth: Problems and Solutions**
Kathi Crowe, Executive Director, *Waterbury Youth Service System, Inc.*
David Burgos, Program Supervisor, *Connecticut Junior Republic*
Jacquee Porter, Executive Director, *Save Girls on F.Y.E.R.*
- 11:15-11:30 **Travel to Site Visits**
Travel by bus to Greater Waterbury Interfaith Ministries and St. Vincent DePaul Homeless Shelter (1/2 of group disembarks at each location)



- 11:30-12:30 **Site Visits**
Barbara Dublin, Executive Director, *Greater Waterbury Interfaith Ministries*
Tim Epperson, Food Pantry Coordinator, *Greater Waterbury Interfaith Ministries*
Deacon Paul Iadarola, Executive Director, *St. Vincent DePaul Homeless Shelter*
Jered Bruzas, Shelter Manager, *St. Vincent DePaul Homeless Shelter*
- 12:45-1:00 Travel by bus to Waterbury Youth Services, Inc.
- 1:00-1:45 Lunch
- 1:45-2:00 **Site Visit Debrief: Lessons Learned**
Patrick McKenna, Organizational Development Coordinator, *Connecticut Community Foundation*
Bilal Tajildeen, Program Coordinator, *Connecticut Community Foundation*
- 2:00-2:10 **Foundation Bite: Supporting Nonprofits**
Patrick McKenna, Organizational Development Coordinator, *Connecticut Community Foundation*
- 2:10 Tour of Waterbury Youth Services and Break
- 2:30 **Opioid Addiction: Causes, Effects and Prevention**
Maria Skinner, Executive Director, *McCall Center for Behavioral Health*
John Simoncelli, Executive Director, *Greenwoods Counseling Referrals*;
Director, *Authentic Recovery*
Garrett Deutermann, Community Case Manager, *Charlotte Hungerford Hospital*
Frederick Rosa, Director of Operations/Litchfield County, *Campion Ambulance*
- 4:00 Wrap up and preview of Arts and Culture Day
- 4:15 Travel by bus to commuter lot



Speaker Biographies

Annie Scully

Market Research Analyst and Community Outreach Coordinator, *United Way of Connecticut*

Annie Scully is a Connecticut native who grew up in Niantic. She earned a degree in Political Science from Northeastern University and Masters in Public Administration from the University of New Haven. Annie currently works in United Way of Connecticut's Community Results Center as a Research Analyst and Community Outreach Coordinator. Before joining United Way, Annie worked for Brian House, Inc., a nonprofit organization that provides vocational and residential support to disabled adults and at the Connecticut Conference of Municipalities as a Labor Relations Analyst.

Contact Info: ann.scully@ctunitedway.org, <http://www.ctunitedway.org>

Karen Mello

Director of Community Impact, *United Way of Greater Waterbury*

Karen Mello, Director of Community Impact at United Way of Greater Waterbury, believes in making a difference every day in her community. After an early career in finance, Karen made a career change to pursue her passion to help others and as such has worked for United Way's in Connecticut now for nearly a decade. Karen and the Community Impact Team at United Way of Greater Waterbury work with 41 funded programs at 23 non-profit agencies and 16 initiatives that help low income and ALICE families address their needs for education, basic needs and financial stability.

Contact Info: kmello@unitedwaygw.org, <http://www.unitedwaygw.org/>

Kathi Crowe

Executive Director, *Waterbury Youth Services, Inc.*

Kathi Crowe is a nationally recognized expert in the field of child welfare and youth development and has worked in the field for over 35 years. Prior to joining Waterbury Youth Services, she was Executive Director of the National Foster Care Coalition in Washington DC, where she worked with Congress and national organizations to improve child welfare services to children, youth and families. Previously, she served as Youth Development Specialist to the Rhode Island Department for Children, Youth and Families and was the Deputy Director of Foster Club, Inc., the national network for youth in foster care.

Ms. Crowe has provided training and consultation to public and private agencies throughout the country and has provided leadership to a variety of programs, including a residential program for pregnant and parenting youth, a shelter for runaway and homeless youth and a comprehensive mental health agency.

Ms. Crowe earned an MSW from the University of Connecticut, and has served as adjunct faculty in the MSW programs at the University of Connecticut and Rhode Island College. She has served as the Chair of the Board of Directors for the National Independent Living Association. She has received the NILA Founders Award and is the Charter recipient of the Kathi M. Crowe Golden Circle Award, a national award which recognizes alumni of foster care who have made national impact in the field of foster care.

Contact Info: kcrowe@waterburyyouthservices.org, <http://www.waterburyyouthservices.org>



David Burgos

Program Supervisor, *Connecticut Junior Republic*

David Burgos is currently the Program Supervisor for Connecticut Junior Republic (CJR). He supervises three teen pregnancy programs located in Waterbury, Torrington, Meriden and East Hartford. He also supervises two substance abuse outpatient programs for teens New Britain and Waterbury and two programs helping youth reenter the community from congregate care. He has been employed with CJR for over 25 years. During his time at the agency, he has worked with court-involved youth as well as prevention-based programming. David also served on the Waterbury Board of Education for nine years. He co-founded the Hispanic Coalition of Greater Waterbury in 1988. Currently, he is the chair of the Positive Development Workgroup within the Bridge to Success organization.

Contact Info: dburgos@cjryouth.org, <http://www.ctjuniorrepublic.org/>

Jacquee Porter

Executive Director, *Save Girls on F.Y.E.R.*

Ms. Porter started *Save Girls on F.Y.E.R* in 2013 out of a desire to empower girls to move beyond their circumstances and to help girls understand that they can lead empowered lives. Jacquee brings a rich experience in nursing and social services to her work with youth. She began her career working in a variety of capacities at Central Connecticut ARC, Inc., which provides community based services for people with disabilities. From CCARC she earned her licensed practical nursing degree (LPN) and worked for Hancock Hall, a skilled nursing facility in Danbury, CT. Jacquee is an instructor in the Medical Assistant and Patient Care Program at Stone Academy. She is an active member of the Unity Temple Church, in Waterbury and serves as a member of the church's Youth Council.

Contact Info: jacqueeporter@savegirlsonfyer.org, www.savegirlsonfyer.org

Barbara Dublin

Executive Director, *Greater Waterbury Interfaith Ministries, Inc.*

Barbara Ann Dublin has worked for Greater Waterbury Interfaith Ministries for over twenty years. She began working for GWIM as a volunteer in 1994, was hired in 1995 as the Dining Hall Manager and became Executive Director in 2008. Under her leadership, GWIM has grown from a renovated garage behind St. John's Parish to a full service organization which includes the soup kitchen, the food pantry and the resource center. Currently GWIM's Soup Kitchen provides nearly 600 meals daily to Waterbury's neediest residents Sunday through Friday. In 2002, Barbara established GWIM's Resource Center, which provides intake or interviews to identify the needs of many daily visitors who need direction to find the various portals for entitlement services.

During Barbara's tenure, GWIM has been honored with the Liberty Bell Award, Organization of the Year by the Waterbury Sportsmen's Clubb and she was personally given the honor of The Order of the Eagle by St. John's Parish in 2003. Barbara earned her Bachelor's Degree with a minor in Psychology from Post University in Waterbury, Connecticut. She then completed her Master's Degree in Human Services/ Clinical Counseling.

Contact Info: gwimsk@snet.net, <http://www.gwimfaithbase.org>



Deacon Paul Iadarola

Executive Director, *St. Vincent DePaul Mission*

Paula Iadarola is a founding member of St. Vincent DePaul Mission of Waterbury, providing essential services since 1978. Deacon Paul has seen the mission expand in many ways though his 30 years as the organization's Executive Director. St. Vincent DePaul's began with a thrift store, which continues to operate today and has now grown to include a soup kitchen serving up to 400 meals a day, a homeless shelter with capacity for 150 beds, an affordable housing program and mental health support. Deacon Paul oversees the Mission, with a focus on fundraising and development, collaboration with other organizations, and manages the operations of the five divisions of the organization.

Deacon Paul also serves the faith community of St. Thomas Becket in Cheshire. He holds a bachelor's degree in business management and has studied accounting and social work.

Contact Info: info@svdpmission.org, www.svdpmission.org

Patrick McKenna

Organizational Development Coordinator, *Connecticut Community Foundation*

As the organizational development coordinator at the Foundation, Patrick McKenna works to support local nonprofits by linking them to important resources and vital information that can help to amplify impact. Patrick also coordinates the Foundation's Nonprofit Advisory Institute, which puts volunteer experts together with nonprofits to improve the effectiveness of organizations.

Prior to joining the Foundation, Patrick worked for five years at the Connecticut Association of Nonprofits (now The Alliance). He is also a former AmeriCorps member, having completed two years of the public allies program. Born and raised in Waterbury, Patrick now lives with his wife in Rocky Hill.

Contact Info: pmckenna@conncf.org, <http://conncf.org/organizational-development>

Bilal Tajildeen

Program Coordinator, *Connecticut Community Foundation*

A lifelong Waterbury resident, Bilal joined the Foundation's staff in 2017. He works primarily in two focus areas: youth development and grassroots initiatives. His responsibilities include grantmaking, facilitating community conversations, and listening to the needs, desires and hopes of Waterbury residents.

Prior to the Foundation, Bilal worked as a marketing and development manager for a Waterbury theatre. He also worked as an assistant antiquarian bookseller in Waterbury, aiding in the cataloguing and processing of books, ephemera, and art in the areas of Americana, poetry and letters. In his off hours, Bilal is pursuing a thesis-track master's degree in English at Central Connecticut State University. There, he continues the work he started at the University of Connecticut during his undergraduate studies by focusing, primarily, on queer theory, LGBTQ literature and literary theory.

Maria Skinner, LCSW

Executive Director, *McCall Center for Behavioral Health*

Maria has been serving the community with the McCall Center since 1997 and became Executive Director in December, 2013. The McCall Center provides comprehensive, integrated substance abuse and mental health treatment to help people lead healthier and more productive lives. As part of the prevention team,



she developed a parent education program that has been replicated in multiple communities throughout the state. Additionally, Ms. Skinner was a member of the design team for the parenting education program offered through the Connecticut Department of Children and Families. Maria worked with children, adolescents and families to increase their capacity to cope with challenging life situations and make positive life changes. She facilitated programs at the community level through coalitions of key stakeholders to address issues such as underage drinking and substance abuse.

Ms. Skinner earned her Bachelor's degree in psychology from Springfield College and a Master's degree in social work at UCONN. Originally from Torrington, she is deeply committed to Litchfield County and serves as a co-chair on The Litchfield County Opiate Task Force, a member of the Torrington/Winsted Rotary Club, member of the Board of Corporators of the Charlotte Hungerford Hospital, a board member of the Winchester Youth Service Bureau and a volunteer for the Canton Youth Service Bureau and the United Way.

Contact Info: maria.skinner@mccallcenterct.org, <https://www.mccallcenterct.org>

John Simoncelli, LCSW, LADC, MPA

Executive Director, *Greenwoods Counseling Referrals*; Director, *Authentic Recovery*

John Simoncelli is a Licensed Clinical Social Worker and Licensed Alcohol and Drug Counselor and holds Master's Degrees in Social Work and Public Administration. John is the Executive Director of Greenwoods Counseling Referrals, located in Litchfield, CT. Greenwoods offers free mental health assessments and referrals to services to anyone that lives or works in Litchfield County. In order to make quality referrals to services, the organization maintains a network of over 100 clinicians in private practice throughout the county. Greenwoods also administers a number of community and school-based programs. Through their subsidy program, Greenwoods helps individuals and families pay for treatment if they are in financial need. Greenwoods was established in 1992 and is the only service of its kind in Connecticut, and possibly the country.

John is also a practicing mental health therapist and addiction specialist. He is the Director of Authentic Recovery, LLC, a private practice group he established in 2014. Currently, Authentic Recovery has 11 mental health clinicians and 2 part-time Psychiatric Nurse Practitioners that work out of offices in Torrington and Waterbury, CT. In addition to his administrative duties, John continues to carry a small caseload of clients. He specializes in the treatment of trauma and addiction, and uses a number of modalities including Eye Movement Desensitization and Reprocessing (EMDR), Rational Emotive Behavior Therapy (REBT), and Motivational Interviewing. He believes that a truly genuine therapeutic experience is essential for positive change to occur. John is an active member of the Litchfield County Opiate Task Force and is passionate about educating the public concerning the connection between trauma, addiction, and other mental health issues.

Contact Info: jSimoncelli@greenwoodsreferrals.org; <http://greenwoodsreferrals.org>

Garrett Deutermann

Community Case Manager, *Charlotte Hungerford Hospital*

Garrett Deutermann is a Certified Addictions Counselor and is employed as a Community Case Manager at the Charlotte Hungerford Hospital. Through motivational interviewing techniques, Garrett engages patients with opioid addictions to encourage them to enter addiction treatment. As a member of the



Western Connecticut
Leadership

A Program of



Litchfield County Opiate Task Force, he works as a liaison between the hospital, other treatment providers and community agencies working to make a positive change in the prevalence of opioid abuse. Garrett has previously held case management positions at DAYTOP Village, Mountainside Treatment Center, Mental Health Associates of Dutchess County and Milieu Counselor. He has a B.A. degree from SUNY New Paltz.

Contact Info: GDeutermann@hungerford.org, <https://www.charlottehungerford.org>

Frederick Rosa, EMT-P, EMS-I, AHA Inst.

Director of Operations for Litchfield County, *Campion Ambulance*

Frederick Rosa is a paramedic with Campion Ambulance with 40 years of experience providing Emergency Medical Services to the residents of New Haven and Litchfield Counties. He is the director of operations for the Northwest Division, and currently serves on many boards and committees which provide input and advice for the provision of emergency medical technicians statewide. He is a past winner of the Hertzler Knox award for the advancement of EMS in our state. He currently resides with his wife Pamela and dogs, Gabe and Roxy in Torrington. His two children, Elizabeth and Alex, have finally moved out - now that is a true accomplishment.

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Opportunities for engagement and/or further exploration

ALICE Report

ALICE is an acronym that stands for **A**sset **L**imited, **I**ncome **C**ompromised, **E**mployed. ALICE represents the men and women in Connecticut's households of all ages and races who get up each day to go to work, but who aren't sure if they'll be able to make ends meet. ALICE is our co-workers, friends, and neighbors. ALICE does essential work that we depend on, and contributes to our community's well-being. Read more about this population at <http://alice.ctunitedway.org>.

Connecticut Junior Republic (CJR)

Since its founding in 1904, CJR has helped thousands of young people go on to lead productive and fulfilled lives by providing the care, treatment and educational services necessary for growth and change to occur. Assistance is provided on a daily basis through an array of residential, education, community and home-based services in 11 locations across Connecticut. Mental and behavioral health services are also provided through Wellness Centers in eight of these locations. <http://www.ctjuniorrepublic.org>

Greater Waterbury Interfaith Ministries (GWIM)

The GWIM soup kitchen provides a nutritionally balanced hot meal each weekday from 11 am to 1 pm. In 2016, an average of 15,000 meals were served monthly. Additionally, the emergency food pantry provides monthly groceries to feed the whole household and additional single bags of groceries as needed. Staff and volunteers provide referrals and assistance with benefits, shelter, health care, and other social services. Volunteers are needed to serve meals and to help special projects throughout the year. <http://www.gwimwaterbury.org>

Litchfield County Opioid Task Force

Litchfield County communities have joined together to turn the tide of increased addiction and overdoses from opiate drugs. The Task Force, formed in December of 2013, is led by the McCall Center and Charlotte Hungerford Hospital and has more than 60 members.

<https://www.mccallcenterct.org/litchfield-county-opiate-task-force>

St. Vincent De Paul's Homeless Shelter

St. Vincent DePaul shelter is the largest emergency homeless shelter in Connecticut with 130 beds and 20 cots to shelter residents 365 days a year. The shelter not only provides a place for residents to sleep, it also provides daily showers, a hot meal served for dinner, breakfast, toiletries, linens and pajamas. The organization has case managers on staff from 8:00 am-8:00 pm seven days a week to assist residents with their needs including basic living needs, budgeting, finances, employment, and provides assistance applying for state benefits. The shelter seeks volunteers to serve dinner between the hours of 4:30-8:00 pm. Male volunteers are also needed in the shelter from 5:45-7:00 pm.

<http://www.stvincentdepaulmission.org>

Waterbury Youth Services, Inc.

Waterbury Youth Services (WYS) helps youth learn the skills they need to be more successful at home, in school and throughout the community. WYS provides programming in the areas of: mentoring, after school programming, youth employment and leadership, truancy and juvenile justice prevention and intervention, services to homeless youth, residential services, and community outreach and summer camp. There is a specific need for mentors, particularly male mentors. By sharing just a few hours of your time each week, you can influence a young person forever. <http://waterburyyouthservices.org>